Societatea Romana de Acupunctura Medicala si Medicina Integrativa (SRAMMI)
in colaborare cu: Institutul National de Medicina Complementara si Alternativa "Prof. Dr. Florin Bratila" (INMCA), Societatea Romana de Homeopatie (SRH) si
Societatea Romana de Apiterapie, Fitoterapie si Aromoterapie (SRAFA)
Romanian Society of Medical Acupuncture and Integrative Medicine (SRAMMI)
in collaboration with: the National Institute of Complementary and Alternative Medicine "Prof. Dr. Florin Bratila" (INMCA), the Romanian Society of Homeopathy (SRH) and the
Romanian Society of Apitherapy, Phytotherapy and Aromatherapy (SRAFA)

Al X-LEA CONGRES NATIONAL DE MEDICINA INTEGRATIVA CU PARTICIPARE INTERNATIONALA

The Xth NATIONAL CONGRESS OF INTEGRATIVE MEDICINES WITH INTERNATIONAL PARTICIPATION

Predeal (Bv), 05-08 noiembrie, 2026

Predeal (Bv), November 05-08, 2026

Hotelul Eden Garden Resort (https://edengrandresort.ro/en/)

RO-INMED 2026

Subiectul principal/ Main topic

MEDICINA INTEGRATIVA IN TERAPIILE ANTI-AGING, WELLNESS SI DETOXIFIERE

INTEGRATIVE MEDICINE IN ANTI-AGING, WELLNESS AND DETOXIFICATION THERAPIES

PROGRAM

X NATIONAL CONGRESS
OF INTEGRATIVE MEDICINE

COMITETUL DE ORGANIZARE RO-INMED 2026
RO-INMED 2026 CONGRESS BOARD

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Dr. **Corneliu Ion Moldovan**, MD, DSc (MA), Senior Researcher

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ROMEDIC
EFORTURI PENTRU SĂNĂTATE

Inregistrarea participantilor
05.11.2026 **15.00 – 17.30**
Registration
05.11.2026 **15.00 – 17.30**

Ceremonia de deschidere **15.30 – 16.00**
Welcome **15.30 – 16.00**

Prezidiu / Presidium of the opening ceremony

Dr. **Corneliu Ion Moldovan,** *INMCA, SRAMMI*
Prof. Dr **E. S. Rajendran** *(Kerala, India)*
Prof. Dr. PhD **Andy Chirculescu,** *SRAMMI*
Prof. Jur. PhD **Luminita Gheorghiu,**
Dr. PhD **Ileana Rindasu,** *SRH, SRAMMI*
Dr. **Ciprian Ene.** *Quantum Therapy, SRAMMI*
Dr. **Lucia Bubulac,** *UMF Carol Davila Bucuresti*

INVITATI SPECIALI / SPECIAL INVITED GUESTS

Prof. Dr **E. S. Rajendran** MD (Hom), PhD, *Senior Consultant, Former Director, Professor & HOD, Organon of Medicine and Homeopathic Philosophy; PhD supervisor, Vinayaka Missions Homeopathic Medical College, VM University. Salem. Kerala,* ***India***

Dr. **Kavita Chandak:** *International Trainer, MD(Hom), PG(Hom) London, PhD France; Nagpur,* ***India***

Arh. PhD **Shawki Salman**; *Director general Star International Med; Bucuresti,* ***Romania***

Dr. **Monica Papaianu**; *L'Hospital Privé du Confluent; Nantes,* ***France***

Peter Molleney; *CEO and Founder Wegamed gmbh, Essen,* ***Germany***

Dr. **Mine Sidika Kermalli**; *Ankara,* ***Türkiye***

PROGRAM RO-INMED 2026

Joi, 5 noiembrie
Deschiderea festiva: 15.30 – 16.00
TEAM BUILDING, vizitare standuri expozanti
Thursday, November 5
Welcome: 15.30 – 16.00
TEAM BUILDING, visiting exhibitor stands

COMUNICARI / ORAL PRESENTATIONS
SESIUNEA A / SESSION A

Joi, 5 noiembrie / Thursday, November 5
Moderatori / Chair:
Dr. **Corneliu Ion Moldovan,** Prof. Dr. **Andy Chirculescu**

1. Dincolo de chirurgie: Homeopatia in gestionarea cu succes a adenomiozei si a metroragiei din menopauza.
Autor: Dr. **Kavita Chandak;** *International Trainer, MD(Hom), PG(Hom) London, PhD France; Nagpur,* ***India***
Durata: 16.00 – 16.20
1. Beyond surgery: Homeopathy in the successful management of adenomyosis and menopausal metrorrhagia.
Author: Dr. **Kavita Chandak;** *International Trainer, MD(Hom), PG(Hom) London, PhD France; Nagpur,* ***India***
Duration: 16.00 – 16.20

2. Hormesis si wellness.
Autor: Ioan Haiduc PhD**;** *Terapeut si coach holistic; Bucuresti,* ***Romania***
Durata: 16.30 – 16.50
2. Hormesis and wellness.
Author: Ioan Haiduc PhD**;** *Therapist and holistis coach; Bucharest,* ***Romanie***
Duration: 16.30 – 16.50

3. Medicina anti-aging in abordare integrativa: energia vitala, detoxifierea holistica si wellness-ul ca practica de longevitate.
Autor: Ana-Maria Mircea-Leu; *Fondator proiect de longevitate si wellness; Buzau,* ***Romania***

Durata: 17.00 – 17.20

3. Anti-aging medicine in an integrative approach: vital energy, holistic detoxification and wellness as a longevity practice.

Author: Ana-Maria Mircea-Leu; *Founder of a longevity and wellness project in Buzau,* ***Romanie***

Duration: 17.00 – 17.20

4. Evaluarea si monitorizarea integrativa a unui caz de hipertensiune arteriala abordat holistic si naturopat.

Autor: Dr. **Florian Burcea;** *Membru al International Society for Traditional, Complementary & Integrative Medicine Research, Clinica Reconnect; Bucuresti,* ***Romania***

Durata: 17.30 – 17.50

4. Integrative evaluation and monitoring of a case of hypertension managed with a holistic and naturopathic approach.

Author: Dr. **Florian Burcea;** *Member of the International Society for Traditional, Complementary & Integrative Medicine Research, Reconnect Clinic, Bucharest,* ***Romanie***

Duration: 17.30 – 17.50

5. Protocol integrat anti-aging si recuperare wellness: ozonoterapie, terapie PRP si perfuzii cu vitamine.

Autor: Dr. **Comsa Emilia Claudia,** *Brasov,* ***Romania***

Durata: 18.00 – 18.20

5. Integrated anti-aging and wellness recovery protocol: ozone-therapy, PRP therapy and vitamin infusions.

Author: Dr**. Comsa Emilia Claudia,** *Brasov,* ***Romanie***

Duration: 18.00 – 18.20

6. Evaluarea efectelor expunerii la tehnologia EESystem asupra parametrilor psiho-biologici, autonomi si bio-electrofiziologici – studiu observational controlat placebo.

Autor: Dr. **Alin Horea Suta;** *Clinica Quantum; Oradea,* ***Romania***

Durata: 18.30 – 18.50

6. Evaluation of the effects of exposure to EESystem technology on psycho-biological, autonomous and bio-electrophysiological parameters – placebo controlled observational study.

Author: Dr. **Alin Horea Suta;** *Quantum Clinic; Oradea,* ***Romanie***

Duration: 18.30 – 18.50

7. Sistemul glimfatic – modalitati de detoxifiere si regenerare cerebrala.

Autor: Mihaela Marcu (fosta Gugu) CST-D; *Unic reprezentant al Institutului International Upledger si al Institutului Barral in* ***Romania***

Durata: 19.00 – 19.20

7. Glymphatic system – methods for brain detoxification and regeneration.

Author: Mihaela Marcu (formerly Gugu) CST-D; *The sole representative of the Upledger International Institute and the Barral Institute in* ***Romanie***

Duration: 19.00 – 19.20

CINA *(Numai pentru participantii care au achitat cazarea all inclusive)*: **20.00 – 22.00**

DINNER *(Only for participants who have paid for all-inclusive accommodation)*: **20.00 – 22.00**

Vineri 6 noiembrie

Mic dejun: 8.00 – 9.00

Friday, November 6

Breakfast: 8.00 – 9.00

COMUNICARI / ORAL PRESENTATIONS
SESIUNEA B / SESSION B

Vineri 6 noiembrie / Friday, November 6

Moderatori / Chair:

Dr. **Ileana Randasu,** Dr. **Stefan Costescu**

8. De ce traim mai mult, dar mai bolnavi? Si cum putem schimba acest lucru. Longevitate 720° - Strategii medicale moderne de preventie si longevitate.

Autori: Dr. **Manuela Udrea,** Dr. **Laura-Elena Anghelescu;** *Clinica Quantica720°; Bucuresti,* ***Romania***

Durata: 9.00 – 9.20

8. Why are we living longer, but sicker? And how can we change this. Longevity 720° - Modern medical strategies for prevention and longevity.

Authors: Dr. **Manuela Udrea,** Dr. **Laura-Elena Anghelescu;** *Quantica720° Clinic; Bucharest,* ***Romanie***

Duration: 9.00 – 9.20

9. Arhitectura moleculara a homeostaziei adaptative: decodificarea retelelor Redox, a rezilientei mitocondriale si a raspunsurilor celulare la expunerea ambientala la metale.
Autor: Dr. **Raluca Ionescu-Hritcan;** *Quantic Med, Cosmo Pharm; Bucuresti,* ***Romania***
Durata: 9.30 – 9.50

9. The molecular architecture of adaptive homeostasis: decoding Redox networks, mitochondrial resilience and cellular responses to environmental metal exposome.
Author: Dr. **Raluca Ionescu-Hritcan;** *Quantic Med, Cosmo Pharm; Bucharest,* ***Romanie***
Duration: 9.30 – 9.50

10. Consideratii legate de sistemul energetic Stomac in MTC/MTEO: de la cazuri clinice la modificari in cadrul procesului de "ageing".
Autor: Dr. **Stefan Costescu,** *SRAMMI, SRMTC, ACUMEDICA; Bucuresti,* ***Romania***
Durata: 10.00 – 10.20

10. Considerations regarding the Stomach energy system in TCM/TEAM: from clinical cases associated with the aging process.
Author: Dr. **Stefan Costescu,** *SRAMMI, SRMTC, ACUMEDICA; Bucharest,* ***Romanie***
Duration: 10.00 – 10.20

11. Formula AC-5 elemente, medicament homeopatic in terapiile detox.
Autor: Dr. **Angelica Noica-Dumitrescu;** *CMI Dr. Dumitrescu-Noica; Bucuresti,* ***Romania***
Durata: 10.30 – 10.50

11. Formula AC-5 elements, homeopathic medicine in detox therapies.
Author: Dr. **Angelica Noica-Dumitrescu;** *CMI Dr. Dumitrescu-Noica; Bucharest,* ***Romanie***
Duration: 10.30 – 10.50

12. Micoterapia si fitoterapia in modularea neuroinflamatiei: de la axa intestin-creier la copil (Dr. GB® sirop) la neuroprotectia adultului (Neurostrol® Platinum).
Autori: Dr. PhD **Gabriela Ion**[1], Dr. PhD **Mirela Ligia Georgescu**[2], *[1]Sef lucrari Universitatea "Carol Davila", Lector ARGH si Boiron, [2]Lector ARGH; Bucuresti,* ***Romania***
Durata: 11.00 - 11.20

12. Mycotherpy and Phytotherapy in the modulation of neuroinflammation: from the gut-brain axis in children (Dr. GB® syrop) to neuroprotection in adults (Neurostrol® Platinum).
Authors: Gabriela Ion[1] MD PhD, **Mirela Ligia Georgescu**[2] MD PhD, *[1]Lecturer "Carol Davila" University of Medicine and Pharmacy, ARGH and Boiron Lecturer, [2]ARGH Lecturer, Bucharest,* ***Romanie***
Duration: 11.00-11.20

13. Fenomene bioenergetice implicate in mecanismele imbatranirii. Posibilitati pentru un tratament integrativ.

Autori: Dr. DSc (MA) Senior Researcher **Corneliu Ion Moldovan**[1], Dipl. Ing. PhD **Mihai Chetan**[2]; [1]*Institutul National pentru Medicina Complementara si Alternativa "Prof. Dr. Florin Bratila", SRAMMI;* [2]*MEDCO SRL, Bucuresti,* ***Romania***

Durata: 11.30 – 11.50

13. Bioenergetic phenomena involved in the mechanisms of aging. Possibilities for an integrative treatment.

Authors: MD, DSc (MA) Senior Researcher **Corneliu Ion Moldovan**[1], Dipl. Eng. PhD **Mihai Chetan**[2]; [1]*National Institute for Complementary and Alternative Medicine "Prof. Dr. Florin Bratila", SRAMMI;* [2]*MEDCO SRL, Bucharest,* ***Romanie***

Duration: 11.30 – 11.50

14. Metoda Danis Bois si cipurile EMCOPAD Dr. Tech – asociere sinergetica anti-aging in terapia artropatiilor vertebro-periferice.

Autori: Prof. Ktp. PhD **Eugen Caracas**, Dr. DSc (MA) **Corneliu Ion Moldovan**, Ktp. **Camelia Mihalachi**, Ing. PhD **Marian Velcea**, Dr. **Ciprian Ene**, Dr. **Silvia Ene**, Psih. Ing. PhD **Ioan Curta**, Dr. **Adrian Bratu**, Ing. PhD **Lucian Mandrea**, Ing. PhD **Mihai Chetan**, Prof. Ktp **Beatrice Gherman**, Std. KMS **Ana Maria Radu**, Ec. **Anca Maria Aliz**; *Bucuresti,* ***Romania***

Durata: 12.00 – 12.20

14. The Danis Bois method and EMCOPAD Dr. Tech chips – a synergistic anti-aging approach in the treatment of vertebral and peripheral arthropathies.

Authors: Prof. PT PhD **Eugen Caracas**, MD DSc (MA) **Corneliu Ion Moldovan**, PT **Camelia Mihalachi**, Eng. PhD **Marian Velcea**, MD **Ciprian Ene**, MD **Silvia Ene**, Psih. Eng. PhD **Ioan Curta**, MD **Adrian Bratu**, Eng. PhD **Lucian Mandrea**, Eng. PhD **Mihai Chetan**, Prof. PT **Beatrice Gherman**, KMS Stud. **Ana Maria Radu**, Ec. **Anca Maria Aliz**; *Bucharest,* ***Romanie***

Duration: 12.00 – 12.20

15. Terapii naturale sinergice cu efect anti-aging/pro-longevitate.

Autori: Dr. **Ciprian Ene,** Dr. **Silvia Ene** Dr. **Rasvan Constantinescu,** Prof. PhD. **Lucian Mandrea,** Psih. Ing. **Ioan Curta;** *Centrul de Medicina Integrativa „Quantum Therapy"; Bucuresti,* ***Romania***

Durata: 12.30 – 12.50

15. Natural synergistic therapies with anti-aging/pro-longevity effect.

Authors: Dr. **Ciprian Ene,** Dr. **Silvia Ene,** Dr. **Rasvan Constantinescu,** Prof. PhD. **Lucian Mandrea,** Psih. Eng. **Ioan Curta;** *"Quantum Therapy" Integrative Medicine Center; Bucharest,* ***Romanie***

Duration: 12.30 – 12.50

16. Laser LLLT Laserneedlefree in acupunctura – indicatii si beneficii, studiu de caz. Un concept de tratament regenerativ si antialgic.
Autor: Dr. **Mirela-Cristina Panaitescu;** *SC Terra Distrimed SRL/RAMIDO; Bucuresti,* ***Romania***
Durata: 13.00 – 13.20
16. Laserneedlefree Laser LLLT in acupuncture – indications and benefits, a case study. A regenerative and antipain treatment concept.
Author: Dr. **Mirela-Cristina Panaitescu;** *SC Terra Distrimed/RAMIDO; Bucharest,* ***Romanie***
Duration: 13.00 – 13.20

17. Disfunctia mitocondriala, inflammaging-ul si senescenta celulara: tinte terapeutice in medicina integrativa a longevitatii.
Autor: Dr. **Liana Barnos;** *Longevia Advanced Medicine; Bucuresti,* ***Romania***
Durata: 13.30 – 13.50
17. Mitochondrial dysfunction, inflammaging and cellular senescence: therapeutic targets in integrative longevity medicine.
Author: Dr. **Liana Barnos;** *Longevia Advanced Medicine; Bucharest,* ***Romanie***
Duration: 13.30 – 13.50

PRANZ *(Numai pentru participantii care au achitat cazarea all inclusive si pentru participantii care au optat pentru pranz)*: **14.00 – 16.00**
LUNCH *(Only for participants who have paid for all-inclusive accommodation and for participants who have opted for lunch)*: **14.00 – 16.00**

Sala conferinte Paradis, Vila 2
ASOCIATIA ARTA SI WELLBEING, cu sediul in Brasov, va prezenta atelierul: METODE PRACTICE DE CRESTERE A REZILIENTEI SI A EMPATIEI PRIN ART-TERAPIE SI EXERCITII CORP – MINTE PENTRU A MANIFESTA EMPATIE, DAR DELIMITANDU-NE DE PROBLEMELE BENEFICARILOR/PACIENTILOR.
Durata: 14.00 – 15.00
Paradis Conference Room, Villa 2
THE ART AND WELLBEING ASSOCIATION, based in Brasov, will present the workshop: PRACTICAL METHODS TO INCREASE RESILIENCE AND EMPATHY THROUGH ART THERAPY AND BODY – MIND EXERCISES TO SHOW EMPATHY WHILE BOUNDING OURSELVES FROM THE BENEFICIARIE'S/PATIENT'S PROBLEMS.
Duration: 14.00 – 15.00

Moderatori / Chair:
Dr. **Ciprian Ene,** Dr. **Angelica Noica-Dumitrescu**

18. Sinteza: starea de sanatate si terapiile anti-aging.
Autor: Prof. Univ. Dr. **Daniela Manuc;** *Facultatea de Medicina Dentara, Universitatea de Medicina si Farmacie "Carol Davila"; Bucuresti,* ***Romania***
Durata: 16.00 – 16.20
18. Synthesis: health status and anti-aging therapies.
Author: Prof. Univ. Dr. **Daniela Manuc;** *Faculty of Dental Medicine, "Carol Davila" University of Medicine and Pharmacy; Bucharest,* ***Romanie***
Duration: 16.00 – 16.20

19. O interpretare prin prisma MTEO a conceptelor de aging si wellness si perspective de tratament.
Autori: Prof. Dr. **Andy R.M. Chirculescu[1]**, Dr. **Mihaela Chirculescu[2];** *[1]SRAMMI, [2]Departamentul de Morfologie, Disciplina Anatomie, Universitatea de Medicina si Farmacie "Carol Davila"; Bucuresti,* ***Romania***
Durata: 16.30 – 16.50
19. An interpretation of the concepts of aging, wellness and treatment perspectives according to the concepts of EOTM.
Authors: Prof. Dr. **Andy R.M. Chirculescu[1],** Dr. **Mihaela Chirculescu[2];** *[1]SRAMMI, [2] Morphology Department, Anatomy Division, "Carol Davila" University of Medicine and Pharmacy; Bucharest,* ***Romanie***
Duration: 16.30 – 16.50

20. Sinergia ozon – procaina si terapii biologice (PRP/exozomi autologi) in optimizarea functionala si anti-aging.
Autor: Asist. Univ. Dr. **Maricela Dragomir;** *Universitatea „Dunarea de Jos"; Galati,* ***Romania***
Durata: 17.00 – 17.20
20. The synergy of ozone – procaine and biological therapies (PRP/autologous exosomes) in functional optimization and anti-aging.
Author: MD PhD Assistant Lecturer **Maricela Dragomir;** *"Dunarea de Jos" University; Galati,* ***Romanie***

Duration: 17.00 – 17.20

21. Nutrientii cheie pentru longevitate.
Autor: Dr. **Claudia Ciocan;** *Master Nutritie si Siguranta Alimentara, Pharma Nord; Bucuresti,* ***Romania***
Durata: 17.30 – 17.50
21. Key nutrients for longevity.
Author: Dr**. Claudia Ciocan;** *Master Nutrition and Food Safety, Pharma Nord; Bucharest,* ***Romanie***
Duration: 17.30 – 17.50

22. Sase terapii detoxifiante si o stare de bine si sanatate (wellness).
Autor: Dr. **Rocsana Ghenoiu;** *SRH, Centrul Medical RO-OPTIC; Craiova,* ***Romania***
Durata: 18.00 – 18.20
22. Six detoxifying therapies and state of wellness and health.
Author: Dr. **Rocsana Ghenoiu;** *SRH, RO-OPTIC Medical Center; Craiova,* ***Romanie***
Duration: 18.00 – 18.20

23. De la fitoterapie la medicina integrativa: cercetare translationala privind compusii bioactivi naturali, nutraceuticele si sistemele avansate de administrare.
Autor: Asoc. Prof. Farm. **Anca Raiciu** PhD**;** *Universitatea "Titu Maiorescu", Hofigal Export-Import, Asociatia "Planta Romanica"; Bucuresti,* ***Romania***
Durata: 18.30 – 18.50
23. From phytotherapy to integrative medicine: translational research on bioactive natural compounds, nutraceuticals and advanced delivery systems.
Author: Assos. Prof. Pharm. **Anca Raiciu** PhD**;** *"Titu Maiorescu" University, Hofigal Export-Import, "Planta Romanica" Association; Bucharest,* ***Romanie***
Duration: 18.30 – 18.50

24. Rolul homeopatiei in detoxifierea organismului.
Autor: Dr. PhD. **Ileana Rindasu;** *SRH, SRAMMI; Bucuresti*, ***Romania***
Durata: 19.00 – 19.20
24. The role of homeopathy in detoxification of the body.
Author: Ileana Rindasu MD PhD**;** *SRH, SRAMMI; Bucharest,* ***Romanie***
Duration: 19.00 – 19.20

CINA *(Numai pentru participantii care au achitat cazarea all inclusive)*: **20.00 – 22.00**
DINNER *(Only for participants who have paid for all-inclusive accommodation)*:
20.00 – 22.00

Sala conferinte Paradis, Vila 2
ASOCIATIA ARTA SI WELLBEING, cu sediul in Brasov, propune: CONEXIUNE, RELAXARE SI CALIBRARE EMOTIONALA PRIN ART-TERAPIE IN CADRUL UNUI TEAM-BUILDING, CREAM PRIN DESEN, COMPUNEM UN POEM SAU UN RITM MUZICAL. FORMAM ECHIPE, ACTIVAM EMISFERA DREAPTA SI EXPERIMENTAM DIVERSE FORME DE ART-TERAPIE.
Durata: 20.00 – 21.00

Paradis Conference Room, Villa 2
THE ART AND WELLBEING ASSOCIATION, based in Brasov, CONNECTION, RELAXATION AND EMOTIONAL CALIBRATION THROUGH ART THERAPY DURING TEAM-BUILDING, WE CREATE THROUGH DRAWING, COMPOSE A POEM OR A MUSICAL RHYTHM. WE FORM TEAMS, ACTIVATE THE RIGHT HEMISPHERE AND EXPERIMENT WITH VARIOUS FORMS OF ART THERAPY.
Duration: 20.00 – 21.00

Sambata 7 noiembrie
Mic dejun: 8.00 – 9.00
Saturday, November 7
Breakfast: 8.00 – 9.00

COMUNICARI / ORAL PRESENTATIONS
SESIUNEA D / SESSION D

Sambata 7 noiembrie / Sunday, November 7
Moderatori / Chair:
Dr. **Razvan Constantinescu,** Dr. **Ana Andreescu,**

25. Strategie integrata de diagnostic preventiv si interventie in artroza primara: rolul stresului oxidativ, biomarkerilor si profilului genetic.
Autor: Dr. **Rasvan Constantinescu;** *Centrul de Medicina Integrativa "Quantum Therapy"; Bucuresti,* ***Romania***
Durata: 9.00 – 9.20

25. Integrated preventive diagnostic and intervention strategy in primary osteoarthritis: the role of oxidative stress, biomarkers and genetic profiling.
Author: Dr. **Rasvan Constantinescu;** *"Quantum Therapy" Integrative Medicine Center; Bucharest,* ***Romanie***
Duration: 9.00 – 9.20

26. Aportul medicinei traditionale Ayurveda in anti-aging, detoxifiere si wellness.
Autor: Dr. **Carla Fabian;** *Centrul Medical Ayurmed; Bucuresti,* ***Romania***
Durata: 9.30 – 9.50
26. The contribution of traditional Ayurveda medicine in anti-aging, detoxification and wellness.
Author: Dr. **Carla Fabian;** *Ayurmed Medical Center; Bucharest,* ***Romanie***
Duration: 9.30 – 9.50

27. Influenta spatiului arhitectural asupra procesului de autovindecare.
Autor: Arh. PhD **Shawki Salman;** *Director general Star International Med; Bucuresti,* ***Romania***
Durata: 10.00 – 10.20
27. The influence of architectural space on the self-healing process.
Author: Arh. PhD **Shawki Salman;** *General Director Star International Med; Bucharest,* ***Romanie***
Duration: 10.00 – 10.20

28. Beneficiile art-terapiei si metodelor corp-minte in imbunatatirea calitatii vietii si cresterea rezilientei la persoanele care se confrunta cu stres cronic, probleme de sanatate, depresie si singuratate.
Autor: Enikő Szerena Simion; *Asociatia Arta si Wellbeing; Brasov,* ***Romania***
Durata: 10.30 – 10.50
28. The benefits of art therapy and mind-body methods in improving quality of life and increasing resilience among individuals facing chronic stress, health issues, depression and loneliness.
Author: Enikő Szerena Simion; *Art and Wellbeing Association; Brasov,* ***Romanie***
Duration: 10.30 – 10.50

29. Secretul activarii telomerazei – cheia medicinei integrative anti-aging.
Autor: Dr. PhD **Lucia Bubulac;** *Disciplina Medicina de Familie, Universitatea de Medicina si Farmacie "Carol Davila"; Bucuresti,* ***Romania***
Durata: 11.00 – 11.20

29. The secret of telomerase activation – the key to integrative anti-aging medicine.
Author: Dr. PhD **Lucia Bubulac;** *Department of Family Medicine, "Carol Davila" University of Medicine and Pharmacy; Bucharest,* ***Romanie***
Duration: 11.00 – 11.20

30. Disfunctia somnului, sistemul glimfatic, neuroinflamatia si hiperactivitatea corticala in neurodegenerare – o perspectiva integrativa.
Autor: Dr. **Ramona-Elena Constantinescu;** *CMI Dr. Ramona-Elena Constantinescu; Bucuresti,* ***Romania***
Durata: 11.30 – 11.50
30. Sleep dysfunction, the glymphatic system, neuroinflammation and cortical hyperexcitability in neurodegeneration – an integrative perspective.
Author: Dr. **Ramona-Elena Constantinescu;** *CMI Dr. Ramona-Elena Constantinescu; Bucharest,* ***Romanie***
Duration: 11.30 – 11.50

31. O ipoteza biofizica integrativa privind dispozitivele rezonante pasive cutanate destinate stimularii electromagnetice de inalta frecventa a zonelor electrodermale active, a punctelor si meridianelor de acupunctura, fara sursa de energie externa.
Autori: Dr. DSc (MA) **Corneliu Ion Moldovan**[1], Dipl. Ing. PhD **Marian Velcea**[2]**;** [1]*Institutul National pentru Medicina Complementara si Alternativa "Prof. Dr. Florin Bratila", SRAMMI,* [2]*Universitatea de Stiinte Agronomice si Medicina Veterinara Bucuresti, Asociatia Inventatorilor "Justin Capra"; Bucuresti,* ***Romania***
Durata: 12.00 – 12.20
31. An integrative biophysical hypothesis on passive cutaneous resonant devices designed for high-frequency electromagnetic stimulation of active electrodermal zones, acupuncture points and meridians, without an external energy source.
Authors: MD, DSc (MA) **Corneliu Ion Moldovan**[1], Dipl. Eng. PhD **Marian Velcea**[2]; [1]*National Institute for Complementary and Alternative Medicine "Prof. Dr. Florin Bratila", SRAMMI,* [2]*University of Agronomic Sciences and Veterinary Medicine of Bucharest, The Inventors Association "Iustin Capra", Bucharest,* ***Romanie***
Duration: 12.00 – 12.20

32. Dispozitive rezonante "EMCOPAD Dr. Tech": de la acu-puncte la "ActivaTor" chakre. Studiu-pilot.
Autori: Ing. PhD **Marian Velcea**, Dr. DSc (MA) **Corneliu Ion Moldovan**, Psih. Ing. PhD **Ioan Curta**, Dr. **Ciprian Ene**, Dr. **Silvia Ene**, Ing. PhD **Lucian Mandrea**, Terapeut **Anca Maria Aliz**, Prof. Ktp. PhD **Eugen Caracas**, Ing. PhD **Mihai Chetan**, Ktp. **Beatrice Gherman**, Dr. **Ana Maria Radu**; *Bucuresti,* ***Romania***

Durata: 12.30 – 12.50

32. Resonant devices "EMCOPAD Dr. Tech": from acu-points to the "ActivaTor" chakras. Pilot study.

Authors: Eng. PhD **Marian Velcea**, MD DSc (MA) **Corneliu Ion Moldovan,** Psih. Eng. PhD **Ioan Curta**, Dr. **Ciprian Ene**, Dr. **Silvia Ene**, Eng. PhD **Lucian Mandrea**, Therapist **Anca Maria Aliz,** Prof. PT PhD **Eugen Caracas**, Eng. PhD **Mihai Chetan**, Prof. PT **Beatrice Gherman**, Dr. **Ana Maria Radu**; *Bucharest, **Romanie***

Duration: 12.30 – 12.50

33. Potentialul antimicrobian al extractelor gemoterapice.

Autori: Prof. dr. habil. **Neli-K. Olah[1,2],** Conf. dr. **Violeta Turcus[3,4],** Prof. dr. habil. **Adriana Criste[5], Prof. dr. Endre Máthé[3,6];** *[1]SC PlantExtrakt SRL, Radaia – Cluj, **Romania**, [2]Universitatea de Vest "Vasile Goldis", Facultatea de Farmacie; Arad, **Romania**, [3]Universitatea de Vest "Vasile Goldis", Facultatea de Medicina; Arad, **Romania**, [4]Academia Romana, [5]Universitatea de Stiinte Agricole si Medicina Veterinara; Cluj-Napoca, **Romania**, [6]Universitatea din Debrecen, **Ungaria***

Durata: 13.00 – 13.20

33. The antimicrobial potential of gemmotherapy extracts.

Authors: Prof. dr. habil. **Neli-K. Olah[1,2]**, Conf dr. **Violeta Turcus[3,4]**, Prof. dr. habil. **Adriana Criste[5]**, Prof. dr. **Endre Máthé[3,6];** *[1]SC PlantExtrakt SRL, Radaia – Cluj, **Romanie**, [2]"Vasile Goldis" Western University, Faculty of Pharmacy; Arad, **Romanie**, [3]"Vasile Goldis" Western University, Faculty of Medicine; Arad, **Romanie,** [4]Romanian Academy, [5]University of Agricultural Sciences and Veterinary Medicine; Cluj-Napoca, **Romanie**, [6]University of Debrecen, **Hungary***

Duration: 13.00 – 13.20

34. Microbiom – detoxifiere – anti-aging: abordare terapeutica.

Autor: Dr. **Laura Paraschiva Puiu;** *Botosani, **Romania***

Durata: 13.30 – 13.50

34. Microbiome – detoxifiation – anti-aging: a therapeutic approach.

Author: Dr. **Laura Paraschiva Puiu;** *Botosani, **Romanie***

Duration: 13.30 – 13.50

PRANZ *(Numai pentru participantii care au achitat cazarea all inclusive si pentru participantii care au optat pentru pranz)*: **14.00 – 16.00**

LUNCH *(Only for participants who have paid for all-inclusive accommodation and for participants who have opted for lunch)*: **14.00 – 16.00**

Moderatori / Chair:
Dr. **Lucia Bubulac,** Dr. **Silvia Ene**

35. Super nutrienti 3xBiotics® – o matrice complexa, naturala si unica realizata prin fermentarea produselor apicole in *Scoby* si a *colostrului bovin* in granule de Kefir, cu efecte metabolice benefice pentru sanatate, vitalitate si longevitate.
Autori: Dr. **Ionut Moraru** PhD, Dr. **Ana Maria Iordache;** *Pro Natura/Laboratoarele Medica; Bucuresti,* ***Romania***
Durata: 16.00 – 16.20
35. Super nutrients 3xBiotics® – a complex, natural and unique matrix obtained by fermenting bee products in *Scoby* and *bovine colostrum* with Kefir grains, with beneficial metabolic effects supporting health, vitality and longevity.
Authors: Dr. **Ionut Moraru** PhD, Dr. **Ana Maria Iordache;** *Pro Natura/Medica Laboratories; Bucharest,* ***Romanie***
Duration: 16.00 – 16.20

36. ColonX si potentialul sau prebiotic: o abordare inovatoare pentru echilibrul microbiotei intestinale.
Autori: Razvan Rosca[1]. Florentina Gatea[2], Laura Dorina Dinu[3], Emanuel Vamanu[1,3]; *[1]Anoom Laboratories SRL (Greenbiom), Voluntari, [2]Laboratorul de Ecotoxicologie, Fiziologie si Biotehnologie, Departamentul de Biotehnologii Agricole si Bioresurse, Institutul de Cercetare Dezvoltare pentru Protectia Plantelor, [3]Facultatea de Biotehnologii, Universitatea de Stiinte Agricole si Medicina Veterinara; Bucuresti,* ***Romania***
Durata: 16.30 – 16.50
36. ColonX and its prebiotic potential: an innovative approach to balance the guntine microbiotia.
Authors: Razvan Rosca[1], Florentina Gatea[2], Laura Dorina Dinu[3], Emanuel Vamanu[1,3]; *[1]Anoom Laboratories SRL (Greenbiom) Voluntari, [2]Ecotoxicology, Physiology and Biotechnology Laboratory, Depatment of Agricultural Biotechnologies and Bioresources, Research Development Institute for Plant Protection, [3]Faculty of Biotechnologies, University of Agricultural Sciences and Veterinary Medicine; Bucharest,* ***Romanie***
Duration: 16.30 – 16.50

37. Comunicare rezervata
Autor: Peter Mollney, *CEO and Founder WEGAMED gmbh; Essen,* ***Germania***

Durata: 17.00 – 17.20

37. Reserved communication

Author: Peter Mollney, *CEO and Founder WEGAMED gmbh; Essen,* ***Germany***

Duration: 17.00 – 17.20

38. Terapia cu laser Weber (Fotobiomodulare/ILIB) in patologia cardiovasculara. Studiu-pilot multimodal folosind bioimagistica prin rezonanta (NLS), analiza GDV (Bio-Well), microscopie in camp intunecat si evaluare psihometrica a starii de bine.

Autori: Dr. **Ciprian Ene,** Dr. **Silvia Ene,** Dr. **Adrian Cranta,** Ing. PhD **Lucian Mandrea**, Ing. PhD **Marian Velcea**, Psih. Ing. PhD **Ioan Curta**, Terapeut **Anca Aliz;** *Bucuresti,* ***Romania***

Durata: 17.30 – 17.50

38. Weber laser therapy (Photobiomodulation/ILIB) in cardiovascular pathology. A Multimodal Pilot Study Using Resonance Bioimaging (NLS), GDV Analysis (Bio-Well), Dark Field Microscopy and Psychometric Well-Being Assessment.

Authors: Dr. **Ciprian Ene**, Dr. **Silvia Ene**, Dr. **Adrian Cranta**, Eng. PhD **Lucian Mandrea**, Eng. PhD **Marian Velcea**, Psych. Eng. PhD **Ioan Curta**, Therapist **Anca Aliz;** *Bucharest,* ***Romanie***

Duration: 17.30 – 17.50

39. Epigenetica – farmacodinamica homeopatiei. Un studiu al cazurilor de poliartrita reumatoida.

Autor: Prof. Dr. **E.S. Rajendran** MD (Hom) PhD**;** *Mar Sleeva Medicity; Palai, Kerala,* ***India***

Durata: 18.00 – 18.20

39. Epigenetics – The pharmacodynamics of homeopathy. A study of Rheumatoid Arthritis cases.

Author: Prof. Dr. **E.S. Rajendran** MD (Hom) PhD**;** *Mar Sleeva Medicity; Palai, Kerala,* ***India***

Duration: 18.00 – 18.20

CINA FESTIVA *(Numai pentru participantii care au achitat cazarea all inclusive)*: **19.00-21.00**

FESTIVE DINNER *(Only for participants who have paid for all-inclusive accommodation)*: **19.00 – 21.00**

PROGRAM ARTISTIC, DANS, TEAM BUILDING, FOC DE TABARA SI ARTIFICII (toti participantii): 21.00 – 24.00

ARTISTIC PROGRAM, DANCE, TEAM BUILDING, CAMPFIRE AND FIREWORKS (all participants): 21.00 – 24.00

Duminica, 8 noiembrie
Mic dejun: 8.00 – 9.00
Sunday, November 8
Breakfast: 8.00 – 9.00

COMUNICARI / ORAL PRESENTATIONS
SESIUNEA F / SESSION F

Duminica 8 noiembrie / Sunday, November 8
Moderatori / Chair:
Dr. **Corneliu Ion Moldovan,** Dr. **Ciprian Ene**

40. Ameliorarea depresiei usoare si medii cu ajutorul Pranic Healing ca terapie complementara.
Autori: Associate Professor **R. Rajagopal**[1], Research Head **Srikanth N. Jois**[2]; [1] *Psychiatry Department Mysore Medical College & Research Institute, Mysuru,* ***India***, [2]*World Pranic Healing Foundation, India-Research Centre, Mysuru,* ***India***
Prezinta: Dana Palcu, *Presedinte Academia de Pranic Healing MCKS; Bucuresti,* ***Romania***
Durata: 9.00 – 9.20

40. Amelioration of mild and moderate depression through Pranic Healing as adjuvant therapy.
Authors: Associate Professor **R. Rajagopal**[1], Research Head **Srikanth N. Jois**[2]; [1]*Psychiatry Department Mysore Medical College & Research Institute, Mysuru,* ***India***, [2]*World Pranic Healing Foundation, India-Research Centre, Mysuru,* ***India***
Presented by: Dana Palcu, *President of the MCKS Pranic Healing Academy; Bucharest,* ***Romanie***
Duration: 9.00 – 9.20

41. Perspective de nanomedicina in homeopatie: dovezi fizio-chimice si mecanisme biologice in regnurile animal, vegetal si mineral.
Autori: Dr. **Camelia Gentiana Ciubuc (Jurj),** Prof. Farm. PhD**. Melania Munteanu;** *Departamentul de Stiinte Farmaceutice, Universitatea de Vest "Vasile Goldis", Arad,* ***Romania***
Durata: 9.30 – 9.50

41. Nanomedicine perspectives in homeopathy: physiochemical evidence and biological mechanisms across the animal, plant and mineral kingdoms.
Authors: Dr. **Camelia Gentiana Ciubuc (Jurj)**, Prof. Pharm. PhD **Melania Munteanu**; *Pharmaceutical Sciences Department, "Vasile Goldis" Western University, Arad,* ***Romanie***
Duration: **9.30 – 9.50**

42. Prezentarea unui caz homeopatic.
Autor: Op. Dr. **Mine Sidika Kermalli;** *Ankara,* ***Turcia***
Durata: **10.00 – 10.20**
42. Homeopathic case presentation.
Author: Op. Dr. **Mine Sidika Kermalli;** *Ankara,* ***Türkiye***
Duration: **10.00 – 10.20**

43. Durerea cronica la varstnic – in ce masura influenteaza ea imbatranirea?
Autor: Dr. **Monica Papaianu;** *L'Hôspital Privé du Confluent; Nantes,* ***Franta***
Durata: **10.30 – 10.50**
42. Chronic pain in the elderly – does it influence aging?
Author: Dr. **Monica Papaianu;** *L'Hôspital Privé du Confluent; Nantes,* ***France***
Duration: **10.30 – 10.50**

CONCLUZII: 11.00 – 11.30
CONCLUSIONS: 11.00 – 11.30

Tombole: 11.00 – 12.00
Raffles: 11.00 – 12.00

SEDINTA ADUNARII GENERALE A MEMBRILOR ASOCIATIEI SRAMMI: 12.00
GENERAL MEETING OF THE MEMBERS OF THE SRAMMI ASSOCIATION: 12.00
Sedinta este condusa de Dr. **Corneliu Ion Moldovan,** *Presedinte* ***SRAMMI***
The meeting is led by Dr. **Corneliu Ion Moldovan,** *President of* ***SRAMMI***

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